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# Neutrino-less double beta decay (theory)

#### Vincenzo Cirigliano Institute for Nuclear Theory University of Washington

# Outline

- Introduction: neutrino mass, Lepton Number, and  $0\nu\beta\beta$  decay
- 'End-to-end' Effective Field Theory framework for LNV and  $0\nu\beta\beta$ 
  - $0\nu\beta\beta$  from high-scale see-saw (LNV @ dim 5)
  - 0vββ from (multi)TeV-scale dynamics (LNV @ dim 7, 9, ...)
  - $0\nu\beta\beta$  and sterile neutrinos
- Conclusions & outlook

Special thanks to collaborators on these topics: W. Dekens, J. de Vries, M. Graesser, M. Hoferichter, E. Mereghetti, S. Pastore, M. Piarulli, U. van Kolck, A. Walker-Loud, R. Wiringa

• Massive neutrinos provide concrete evidence of physics beyond the SM



Understanding origin and nature of neutrino mass is an open problem, with implications for baryogenesis, DM, structure formation, ...

• Lorentz invariance  $\Rightarrow$  two options: Dirac or Majorana

Dirac mass:

$$m_D \overline{\psi_L} \psi_R + \text{h.c.}$$



Majorana mass:

$$m_M \ \psi_L^T \ C \psi_L \ + \ \text{h.c.}$$



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Dirac mass:

Majorana mass:



• Violates  $L_{e,\mu,\tau}$ , conserves L

• Violates  $L_{e,\mu,\tau}$  and L ( $\Delta L=2$ )

## Which option is realized in nature?

• Smallness of V mass and chiral nature of the weak interactions implies that *neutrino-less* processes are the best probes of  $\Delta L=2$  interactions



A Majorana neutrino with helicity=+1 (R-handed) will produce  $\mu^+$ . But fraction of R-helicity V's produced in  $\pi^+ \rightarrow \mu^+ v_{\mu}$  is  $\sim (m_v/E_v)^2 < 10^{-16}!!$ 

# Which option is realized in nature?

• Smallness of V mass and chiral nature of the weak interactions implies that *neutrino-less* processes are the best probes of  $\Delta L=2$  interactions

$$\begin{array}{c} \underset{\mathbf{q}_{i} \\ \mathbf{q}_{i} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \end{array} \overset{\mathbf{q}_{i}}{\mathbf{q}_{i}} \overset{\mathbf{q}_{i}}{\mathbf{q}_{i}} \overset{\mathbf{q}_{i}}{\mathbf{q}_{i}} \\ \end{array} \\ \begin{array}{c} (N,Z) \rightarrow (N-2,Z+2) + e^{-} + e^{-} \\ K^{+} \rightarrow \pi^{-}\ell_{1}^{+}\ell_{2}^{+} & B^{+} \rightarrow h^{-}\ell_{1}^{+}\ell_{2}^{+} \\ K^{+} \rightarrow \pi^{-}\ell_{1}^{+}\ell_{2}^{+} & B^{+} \rightarrow h^{-}\ell_{1}^{+}\ell_{2}^{+} \\ \tau^{-} \rightarrow \ell^{+}h_{1}^{-}h_{2}^{-} & \dots \\ pp \end{array} \\ \begin{array}{c} \mathbf{q}_{i} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \\ \mathbf{q}_{k} \end{array} \overset{\mathbf{q}_{i}}{\mathbf{q}_{k}} \overset{\mathbf{q}_{i}}{\mathbf{q}_{k}} \end{aligned}$$

- 0vββ provides in many scenarios the strongest sensitivity to LNV couplings ("Avogadro's number wins", P. Vogel)
- Other processes can be very competitive in models with low-scale LNV

### Neutrinoless double beta decay

 $(N,Z) \rightarrow (N-2,Z+2) + e^{-} + e^{-}$ 

$$T_{1/2} > \# \, 10^{25} \mathrm{yr}$$





Potentially observable in even-even nuclei (<sup>48</sup>Ca, <sup>76</sup>Ge,<sup>136</sup>Xe, ...) for which single beta decay is energetically forbidden

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 $\overline{V}(R)$ 

**v(L)** 

## $0\nu\beta\beta$ physics reach

• Ton-scale  $0\nu\beta\beta$  searches (T<sub>1/2</sub> >  $10^{27-28}$  yr) will probe LNV from a broad range of mechanisms



See VC-Dekens-deVries-Graesser-Mereghetti 1806.02780 and references therein

Snowmass white paper: 2203.21169

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Impact of  $0\nu\beta\beta$  searches and relation to other probes of LNV is best analyzed through a tower of EFTs that connect LNV scale  $\Lambda$  to nuclear scales, with controllable uncertainties

See VC-Dekens-deVries-Graesser-Mereghetti 1806.02780 and references therein Snowmass white paper: 2203.21169













# 0vββ from high-scale LNV (dim-5 operator)



# High scale LNV



LNV originates at very high scale
 (Λ >> v) → dominant low-energy
 remnant is Weinberg's dim-5 operator:

$$\mathcal{L}_5 = \frac{w_{\alpha\alpha'}}{\Lambda} L^T_{\alpha} C \epsilon H H^T \epsilon L_{\alpha'}$$

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Below the weak scale this is just the neutrino Majorana mass (m<sub>ββ</sub> ~ w<sub>ee</sub> v<sup>2</sup>/Λ)

$$eff = \mathcal{L}_{QCD} - \frac{4G_F}{\sqrt{2}} V_{ud} \,\bar{u}_L \gamma^\mu d_L \,\bar{e}_L \gamma_\mu \nu_{eL} - \underbrace{m_{\beta\beta}}_{2} \nu_{eL}^T C \nu_{eL} + \text{H.c.}$$

 $k_{F,} m_{\pi}$ 

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•  $0 \vee \beta \beta$  mediated by *active*  $\vee_M$  with potential  $\bigvee_{nn \rightarrow pp}$  with long- and shortrange components proportional to  $m_{\beta\beta}$ 



•  $0\nu\beta\beta$  can be predicted in terms of  $\nu$  mass parameters:  $\Gamma \simeq |M_{0\nu}|^2 (m_{\beta\beta})^2$ 





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Assuming current range for matrix elements, discovery @ ton-scale possible for inverted spectrum or m<sub>lightest</sub> > 50 meV

•  $0\nu\beta\beta$  can be predicted in terms of  $\nu$  mass parameters:  $\Gamma_{\propto}|M_{0\nu}|^2 (m_{\beta\beta})^2$ 



Natural (but challenging!) beyond ton-scale target is  $m_{\beta\beta} \sim meV$ 

## Diagnosing power

• High scale seesaw implies falsifiable correlation with other v mass probes. Future data can unravel new LNV sources or physics beyond " $\Lambda$ CDM + m<sub>v</sub>"



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$$\begin{aligned} m_{\beta\beta} &= \left| \sum_{i} U_{ei}^2 m_i \right| \\ \mathbf{0} \mathbf{v} \mathbf{\beta} \mathbf{\beta} \text{ decay} \end{aligned} \qquad \begin{aligned} m_{\beta} &= \sqrt{\sum_{i} |U_{ei}|^2 m_i^2} \\ \mathbf{Tritium} \mathbf{\beta} \text{ decay} \end{aligned} \qquad \begin{aligned} \Sigma &= \sum_{i} m_i \\ \mathbf{Cosmology} \end{aligned}$$

Cosmology

But these important quantitative connections require knowing nuclear matrix elements and their uncertainties!

Т



Zlevi

m<sub>β</sub> [σν]

## New insights from EFT

VC, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729 VC, W. Dekens, J. de Vries, M. Graesser, E. Mereghetti, S. Pastore, U. van Kolck 1802.10097

• Transition operator to leading order in  $Q/\Lambda_{\chi}$  (Q~k<sub>F</sub>~m<sub> $\pi$ </sub>,  $\Lambda_{\chi}$ ~GeV)



$$V_{\nu}^{(a,b)} = \tau^{+,a} \tau^{+,b} \frac{1}{\mathbf{q}^2} \left( J_V^{(a)}(\mathbf{q}) J_V^{(b)}(-\mathbf{q}) + J_A^{(a)}(\mathbf{q}) J_A^{(b)}(-\mathbf{q}) \right) \begin{vmatrix} J_V \sim 1 \\ J_A \sim g_A \sigma \end{vmatrix}$$

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• Required by renormalization of  $nn \rightarrow pp$  amplitude in presence of strong interactions



### Connection with data?

• Isospin symmetry relates  $g_v$  to one of two I=2 e.m. couplings (hard  $\gamma$ 's & v's)



• NN data  $(a_{nn}+a_{pp}-2a_{np})$  determine  $C_1+C_2$ , confirming LO scaling!

### Impact on nuclear matrix elements

• Assuming  $g_v \sim (C_1 + C_2)/2 \rightarrow O(1)$  impact on m.e. and  $m_{\beta\beta}$  extraction



70% effect in <sup>12</sup>Be transition, using Variational Monte Carlo methods + Norfolk chiral potential [1606.06335]

VC, W. Dekens, J. de Vries, M. Graesser, E. Mereghetti, <u>S. Pastore</u>, <u>M. Piarulli</u>, U. van Kolck, <u>R. Wiringa</u>, 1907.11254 30-70% effect in QRPA and 15-45% in NSM. Similar or larger in other isotopes

Jokiniemi-Soriano-Menendez, 2107.13354

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Jokiniemi-Soriano-Menendez, 2107.13354
## Towards determining gv

• Large-N<sub>C</sub> arguments point to  $g_v \sim (C_1 + C_2)/2$ 

Richardson, Shindler, Pastore, Springer, 2102.02814

- Lattice QCD
  - $\pi^- \rightarrow \pi^+ e^- e^-$  precisely known
  - Formalism for NN developed

Tuo et al. 1909.13525; Detmold, Murphy 2004.07404

Davoudi, Kadam, 2012.02083

• Analytic approach inspired by Cottingham formula for  $\delta m_{p,n}$  (EM)

VC, Dekens, deVries, Hoferichter, Mereghetti, 2012.11602, 2102.03371

## Estimating the contact term (1)

VC, Dekens, deVries, Hoferichter, Mereghetti, 2012.11602, 2102.03371

• Useful representation of the amplitude

$$\mathcal{A}_{\nu} \propto \int \frac{d^4k}{(2\pi)^4} \frac{g_{\alpha\beta}}{k^2 + i\epsilon} \int d^4x \, e^{ik \cdot x} \langle pp|T\{j_{\rm w}^{\alpha}(x)j_{\rm w}^{\beta}(0)\}|nn\rangle$$



Forward "Compton" amplitude

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## Estimating the contact term (2)

VC, Dekens, deVries, Hoferichter, Mereghetti, 2012.11602, 2102.03371

• Determine  $C_{1,2}$  with ~ 30% uncertainty (dominated by intermediate k)



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VC, Dekens, deVries, Hoferichter, Mereghetti, 2012.11602, 2102.03371

- Determine  $C_{1,2}$  with ~ 30% uncertainty (dominated by intermediate k)
- Validation:  $C_1 + C_2 \Rightarrow (a_{nn} + a_{pp})/2 a_{np} = 15.5(4.5)$  fm versus 10.4(2) fm (exp)
- Provided 'synthetic data' for the nn  $\rightarrow$  pp amplitude at threshold
- First calculation of  ${}^{48}Ca \rightarrow {}^{48}Ti$  with contact fitted to synthetic data  $\Rightarrow$  contact term enhances nuclear matrix element by  $(43\pm7)\%$

Wirth, Yao, Hergert, 2105.05415

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Wirth, Yao, Hergert, 2105.05415

Good news, while we wait for lattice results

# 0vββ from multi-TeV scale dynamics (dim-7, 9, ...operators)



## ~TeV-scale LNV



 Higher dim operators arise in well motivated models

- 31 operators up to dimension 9
- New mechanisms at the hadronic scale: need appropriate chiral EFT treatment. Not including pion-range effects leads to factor ~  $(Q/\Lambda_X)^2 \sim I/100$  reduction in sensitivity to short-distance couplings!

## ~TeV-scale LNV



Higher dim operators arise in well motivated models

31 operators up to dimension 9

Vast literature, with varying degree of enthusiasm for EFT tools (SM-EFT, chiral EFT)

#### Rodejohann 1106.1334. Vergados-Eijiri-Simkovic Deppisch-Hirsch-Pas 1208.0727 deGouvea-Vogel 1303.4097

- Some recent pape
- VC-Dekens-deVries-Graesser-Mereghetti, 1806.02780 leacsu-Horoi 1801.044
  - Graf-Deppisch-lachello-Kotila, 1806.06058
    - Graf, Lindner, Scholer 2204.10845

...

### Hadronic theory developments

• Leading order hadronic realization of dim-9 operators:



In Weinberg's counting, pion-exchange contribution dominates

Prezeau, Ramsey-Musolf, Vogel hep-ph/0303205

Vergados 1982, Faessler, Kovalenko, Simkovic, Schweiger 1996 ππ matrix element known from Lattice QCD at <10%

> Nicholson et al (CalLat), 1805.02634

Renromalization requires a contact at the same order!



VC, W. Dekens, J. de Vries, M. Graesser, E. Mereghetti [1806.02780]

• Several unknown LO NN contact couplings! Opportunity for LQCD

• TeV-scale LNV induces contributions to  $0\nu\beta\beta$  not directly related to the exchange of light neutrinos, within reach of planned experiments



• May lead to correlated (or precursor!) signal at LHC:  $pp \rightarrow ee jj$ 



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• LHC searches important to unravel origin of LNV and implications for letpogenesis

Deppisch-Harz-Hirsch 1312.4447, Deppisch-Graf-Harz-Huang 1711.10432, Harz, Ramsey-Musolf, et al 2106.10838, ...

## Summary: EFT-based master formula

• Framework to interpret  $0\nu\beta\beta$  searches in terms of any high-scale model and possibly unravel the underlying mechanism in case of discovery



V. Cirigliano, W. Dekens, J. de Vries, M. Graesser, E. Mereghetti, JHEP 1812 (2018) 097 [1806.02780]

# $0\nu\beta\beta$ and sterile neutrinos



Akhmedov. Rubakov, Smirnov hep-ph/9803255

Canetti, Drewes, Shaposhnikov 1204.3902

...





I/Coupling

- Attractive class of "minimal" models
  - V<sub>R</sub> can give rise to light neutrino masses
  - V<sub>R</sub> can provide a dark matter candidate
  - V<sub>R</sub> can generate the baryon asymmetry through leptogenesis
- In general  $m_{\beta\beta} \neq (m_{\beta\beta})_{active}$ , with strong dependence on  $V_R$  spectrum





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- In general  $m_{\beta\beta} \neq (m_{\beta\beta})_{active}$ , with strong dependence on  $V_R$  spectrum
- Can be probed at colliders, beam dump, semileptonic decays, EWPO, ...



Arbitrary scale  $M_R \leftrightarrow \Lambda$ 

Λ

**V**EW

## Conclusions & Outlook

- Ton-scale  $0\nu\beta\beta$  searches have significant discovery potential we simply don't know the origin of  $m_{\nu}$  and the scale  $\Lambda$  associated with LNV
- EFT approach provides a general framework to:
  - I. Relate  $0\nu\beta\beta$  to underlying LNV dynamics (and collider & cosmology)
    - Master formula for  $0\nu\beta\beta$  up dim-9 operators
  - 2. Organize contributions to hadronic and nuclear matrix elements
    - Identified new leading order short-range contributions

Improving the theory uncertainty is challenging, but there are exciting prospects thanks to advances in EFT, lattice QCD, and nuclear structure

## Backup

## LNV@dim5: What about higher orders?

- N2LO
  - πN loops + new contact VC, W. Dekens, E. Mereghetti, A. Walker-Loud, 1710.01729
  - 2-body x 1-body current (and a new contact) Wang-Engel-Yao 1805.10276
  - Neglecting contact terms, calculations in light and heavy nuclei find O(10%) corrections: encouraging!

S. Pastore, J. Carlson, V.C., W. Dekens, E. Mereghetti, R. Wiringa 1710.05026 J. Engel, private communication





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Full analysis beyond leading order requires again matching to Lattice QCD and dedicated many body calculations — long term goal



#### TeV-scale LNV: hadronic theory developments



Hadronic realization of dim-9 operators in chiral EFT Weinberg's counting (NDA for NN contact)  $\rightarrow$  V<sub>m</sub> dominates

Prezeau, Ramsey-Musolf, Vogel hep-ph/0303205

### TeV-scale LNV: hadronic theory developments



- Two recent developments:
  - ΠΠ matrix elements now precisely calculated in lattice QCD (~10% or better)



Nicholson et al (CalLat), 1805.02634, PRL

### TeV-scale LNV: hadronic theory developments



- Two recent developments:
  - 2. Renormalization  $\rightarrow V_{\pi\pi}$  and  $V_{NN}$  are both leading order



V.C, W. Dekens, J. de Vries, M. Graesser, E. Mereghetti [1806.02780]

## Dimension 6 and 7 operators

$$\mathcal{L}_{\Delta L=2}^{(6)} = \frac{2G_F}{\sqrt{2}} \Biggl( C_{\mathrm{VL},ij}^{(6)} \, \bar{u}_L \gamma^{\mu} d_L \, \bar{e}_{R,i} \, \gamma_{\mu} \, C \bar{\nu}_{L,j}^T + C_{\mathrm{VR},ij}^{(6)} \, \bar{u}_R \gamma^{\mu} d_R \, \bar{e}_{R,i} \, \gamma_{\mu} \, C \bar{\nu}_{L,j}^T + C_{\mathrm{SR},ij}^{(6)} \, \bar{u}_L d_R \, \bar{e}_{L,i} \, C \bar{\nu}_{L,j}^T + C_{\mathrm{SL},ij}^{(6)} \, \bar{u}_R d_L \, \bar{e}_{L,i} \, C \bar{\nu}_{L,j}^T + C_{\mathrm{T},ij}^{(6)} \, \bar{u}_L \sigma^{\mu\nu} d_R \, \bar{e}_{L,i} \sigma_{\mu\nu} \, C \bar{\nu}_{L,j}^T \Biggr) + \mathrm{h.c.}$$

$$\mathcal{L}_{\Delta L=2}^{(7)} = \frac{2G_F}{\sqrt{2}v} \left( C_{\mathrm{VL},ij}^{(7)} \,\bar{u}_L \gamma^{\mu} d_L \,\bar{e}_{L,i} \,C \,i \overleftrightarrow{\partial}_{\mu} \bar{\nu}_{L,j}^T + C_{\mathrm{VR},ij}^{(7)} \,\bar{u}_R \gamma^{\mu} d_R \,\bar{e}_{L,i} \,C i \overleftrightarrow{\partial}_{\mu} \bar{\nu}_{L,j}^T \right) + \mathrm{h.c.}$$

## Dimension 9 operators

$$\mathcal{L}_{\Delta L=2}^{(9)} = \frac{1}{v^5} \sum_{i} \left[ \left( C_{i\,\mathrm{R}}^{(9)} \,\bar{e}_R C \bar{e}_R^T + C_{i\,\mathrm{L}}^{(9)} \,\bar{e}_L C \bar{e}_L^T \right) \,O_i + C_i^{(9)} \bar{e}\gamma_\mu \gamma_5 C \bar{e}^T \,O_i^\mu \right]$$

## What scales are we probing?

VC, W. Dekens, J. de Vries, M. Graesser, E. Mereghetti, 1806.02780



Bounds reflect dependence on  $\Lambda_{\chi}$  / $\Lambda$  and  $Q/\Lambda_{\chi}$ 

• TeV-scale LNV induces contributions to  $0\nu\beta\beta$  not directly related to the exchange of light neutrinos, within reach of planned experiments



Akhmedov. Rubakov, Smirnov hep-ph/9803255

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- In general  $m_{\beta\beta} \neq (m_{\beta\beta})_{active}$ , with strong dependence on  $V_R$  spectrum
- Can be probed at colliders, beam dump, semileptonic decays, EWPO, ...

## Theory developments and challenges

 Rich literature on 0vββ versus other probes of sterile V<sub>R</sub>'s in various

mass ranges

Mitra-Senjanovic-Vissani 1108.0004 Abada et al. 1712.03984 Bolton, Deppisch, Dev 1912.03058 \*\*

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Beyond pure see-saw (V<sub>R</sub>'s interaction beyond Yukawas)



- Dekens et al. 2002.07182
- Challenges from hadronic and nuclear effects:
  - Refine dependence of matrix elements on  $V_R$  mass spectrum
  - Systematic EFT approach (new LECs, ...)

deGouvea et al hep-ph/0608147 Faessler et al, 1408.6077 Dekens et al. 2002.07182

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deGouvea et al hep-ph/0608147
Faessler et al, 1408.6077
Dekens et al. 2002.07182
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See Jordy de Vries' talk on July 8
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## EFT developments and challenges

• vSMEFT + chiral EFT analysis

Dekens et al. 2002.07182



- V<sub>R</sub>'s interaction beyond Yukawa can have large impact
- Challenges:
  - New LECs in hadronic EFT
  - Dependence of m.e. and LECs on V<sub>R</sub> mass

deGouvea et al hep-ph/0608147 Faessler et al, 1408.6077 Dekens et al. 2002.07182

...

O(100%) uncertainties not shown



**Plot courtesy of Wouter Dekens** 

## Unraveling $0v\beta\beta$ mechanisms?

Graf, Lindner, Scholer 2204.10845

• 32 operators below weak scale @ dim=3, 6, 7, 9 contribute to  $0\nu\beta\beta$ 

- Can they be distinguished by
  - I. Isotope-dependence of the decay rates?
  - 3. Phase space observable? (single electron spectra, relative angle of outgoing electrons)

Despite degeneracies, useful diagnosing tools 'within'  $0\nu\beta\beta$ 

### Isotope dependence

#### Graf, Lindner, Scholer 2204.10845

- Only 12 groups of operators can be distinguished by taking ratios of decay rates
- Quite sensitive to LECs (varied around reference values denoted by larger markers)
- Distinguishing classes of operators will require combined theoretical uncertainty of  $\sim 10\%$ , due to LEC + NME (here only IBM used)


### Phase space observables

Graf, Lindner, Scholer 2204.10845

• Six phase space structures  $G_{0k}$ , after including interference terms



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- Despite degeneracies, useful diagnosing tools 'within'  $0\nu\beta\beta$
- This analysis reiterates two important points:
  - Need much improved matrix elements, with O(10%) uncertainty
  - Unraveling the mechanism of LNV will also require other probes (cosmology, collider, ...)



# Phenomenological interest (1)

• TeV-scale LNV induces contributions to  $0\nu\beta\beta$  not directly related to the exchange of light neutrinos, within reach of current experiments

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